

Useful Local Contacts

Anglian Water Emergencies		03457 145145
Borough Council:		
- St Edmundsbury Offices		763233
- Local Member	Mrs Sarah Mildmay-White	01359 270580
Bradfield Grapevine Magazine:		
- Editors	Mr Peter Newlands	388637
- and	Mrs Margaret Lovick	386662
Bury Stray Cat Fund		388455
Charity for the Relief in Sickness:		
- Secretary	Mrs Vicky Spall	386357
County Council:		
- Suffolk County Council Switchboard		01473 583000 -
Local Member	Karen Soons karen.soons@suffolk.gov.uk	07864 601887
Dentist (Emergency) – by appointment, Saturday and Sunday afternoons	0300 130 3065	
Doctor – for Suffolk Doctors on Call out of hours service ring own doctors’ surgery or		
-NHS Choices		111
Community First Responder – Group Co-ordinator – Debbie Lamond	07810 353426	
Electricity	UK Power Networks Supply Faults	0800 783 8838
Footpath Warden	Mrs Fenella Fraser	388310
Gospel Hall	Mr Keith Arknett	01359 240910
Library (Mobile Van Driver – Steve Adams)		07837 581371
Village Book Club Co-ordinator	Mrs Pat Brender	386597
Member of Parliament	Mrs Jo Churchill	752311
	www.jochurchill.mp@parliament.uk	
Neighbourhood Watch Contact	Mrs Dianne Bullard	386598
Parish Council Clerk	Mrs Nicola Smith	07817170906
Parish Council Website:	http://bradfieldstclare.onesuffolk.net	
Police	101 (non-urgent), 999 or 01473 613500	
	Twitter Name : @stedspolice	
Post Office	Bury Delivery Office	358201
Schools and Colleges:		
Cockfield Primary School		828287
Thurston Community College		01359 230885
West Suffolk College		701301
St Clare Church – Rector	Rev Sharon Potter	828599
- Church Warden	Mrs Margaret Newlands	388637
St Edmunds R C Church	Fr Mark Hackeson	754358
Suffolk Wildlife Trust	Bradfield Woods	01449 737996
Village Hall – Bookings	Mrs Val Nunn	388830
- Secretary	Mrs Isobel Payne	386169
Village Recorder	Mrs Val Nunn	388830
West Suffolk Hospital		713000
Women’s Institute Secretary	Mrs Enid Hunt	386565

THE BRADFIELD GRAPEVINE



April 2018

No 158

With Easter now upon us we can start to look forward to getting out and about a little more and enjoying the beautiful part of the country in which we live. Hopefully the weather will improve and Keith will have some warmer news for us next month! To help us through this cold and dreary weather, Steven has shared with us a recipe for a comforting and warming bowl of soup.

Glyn recounts what is happening at Pitchers Green Farm and the changes that are occurring. It is clear to see how such a major change for Glyn and Debbie rekindles on a daily basis memories for them of times gone by.

Dianne reminds us we live in a Neighbourhood Watch village and tells us a little about the organisation. She highlights an important reminder from the most recent Neighbourhood Watch newsletter of the continuing danger of scams and useful advice on what to do and how to report them to the appropriate authorities. On the village community front, don't forget the Village Litter Pick on Saturday 7th April – **volunteers needed!**

Like all small villages, over time we have lost more and more locally delivered services. The last Local Authority service provided is the library van, which stops outside the Village Hall each month on a Wednesday. Now even this is under threat as Suffolk County Council is reviewing its future. There are more details in this edition with suggestions of what action you can take if you feel strongly about the need for the service to be continued.

Back to the theme of looking forward to future events, don't forget to put into your diary the Open Garden event at Bishops Farm on Wednesday 23rd May – offers of plants are still needed! The Village Trip to St George Distillery and Peter Beales Rose Garden on Tuesday 19th June still has three places available – **be in touch with Lorraine and Mike Morely quickly if you want to take up one or more of these places!**

Margaret Lovick
Linden House
Bradfield St Clare
Tel: 01284 386662

Peter Newlands
Dairy Farmhouse
Bradfield St Clare
Tel: 01284 388637
pjrmrn@aol.com

Cockfield Benefice Services – April 2018

Sunday 1 st April Easter Day	10am Communion BCP	Gedding
	10am Family Communion and Easter Egg hunt	Cockfield
Sunday 8 th April 2 nd Sunday of Easter	9.30am Communion BCP	Gedding
	11am Communion	Cockfield
	6pm Evening Prayer	Bradfield St Clare
Sunday 15 th April 3 rd Sunday of Easter	9.30am Morning Prayer	Gedding
	11am Communion	Bradfield St Clare
	6pm Evening Prayer	Bradfield St George
Sunday 22 nd April 4 th Sunday of Easter	9.30am Communion (Patronal)	Bradfield St George
	11am Communion	Cockfield
	6pm Six2seven	Felsham
Sunday 29 th April 5 th Sunday of Easter	10am Benefice Communion	Felsham

Daily Prayer

Monday	Tuesday	Wednesday	Thursday	Saturday
5pm Gedding	9am Cockfield	5pm Felsham	5pm Bradfield St Clare	5pm Bradfield St George

Please note these services may be subject to change – for up-to-date service times see the benefice website at www.cockfieldbenefice.com

Bradfield Woods



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www.suffolkwildlifetrust.org

or 'phone 01473 890089

Tuesday 3 April

10.30 – 12.30pm

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Dens, fire, rope swings & bridges
£4 child / £2 adult. Please book

Wednesday 4 April

10.30am – 2.30pm

Spring Wild Chef

8 -14 year olds
£7 per child. Please book

Thursdays (during term time)

4pm – 5.30pm

Go Wild!

6 -12 year olds
£4 per child. Please book

Saturday 21 April

9.30am – 4.30pm

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News from St Clare Church



At last the daffodils in Church Lane have ventured out, providing a very welcoming approach to our village church. From the end of March, St Clare Church will be open every weekend again due to all our kind volunteers. This year we have books for sale in the porch at 50p each. Please sit on the bench and browse and buy! Marmalade and notelets are also for sale inside the church. We have no Easter Sunday service but as mentioned last month, we still plan to make St Clare Church look bright and celebratory in recognition of this central festival in the Christian Calendar. Please take some time to use the church for some quiet time. Details of the services in April are displayed in the church porch and in this edition of The Bradfield Grapevine. April is the month when St Clare PCC meets with others in the Benefice to elect its officers and Church Wardens at the Annual Meeting. All those on the Church Electoral Roll are very welcome to attend. This meeting will take place at Cockfield Village Hall at 7pm on 24th April. Some refreshments will be served at the end of the meeting. Please contact me if you need any further information.

Some early information for you:

Mike and Lorraine Morley are hosting an Open Garden event at Bishops Farm on 23rd May. Coffee and cake will be served between 11am and 8pm. Entry will be £5 per person but if you come after 5pm you may wish to add a further contribution for some wine and nibbles! A 'Jar Tombola' and a plant stall are planned. Contributions of plants would be very welcome before the day please contact -:
Bishops Farm on 01284 386270.

- Margaret Newlands (Church Warden)

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Bin collections in April 2018

Time to renew your Brown Bin payment for the year

Friday 6th April

Thursday 12th April
Thursday 19th April
Thursday 26th April

Blue and brown bins

Black bins
Blue and brown bins
Black bins

MAY ADVERTISEMENTS

Advertisements for the May 2018 issue of The Bradfield Grapevine should be sent to either of the two Editors, whose names and addresses appear on the front page, by Friday 20th April. The cost is £4 per insertion for small ads, £36 per year for half page boxes or £20 for 6 months.

***Payment to Bradfield St Clare Village Hall Account
Contact: Peter Newlands or Margaret Lovick***

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Bradfield St Clare Women's Institute



At our monthly meeting on 14th March, we were entertained by Sallie Walfrond and her accordion with a light hearted quiz "Spot that Tune". There was everything from the 'Gay Gordons' to 'Oh What a Beautiful Morning'. Two teams drew so a decider was needed and we shared the prize. Sallie Waldron has raised a considerable sum of money for a charity, "Carriage Driving for the Disabled". Margaret was in the chair and Sarah and Sue provided us with delicious refreshments. Dyane won the competition for an Easter Bonnet.

Next month's meeting should draw in a lot of people from the village – remember you can come as a guest of a member – just ask! Jason Salisbury from Suffolk Farmhouse Cheese will talk to his theme of "Our Journey". As you already know, Glyn's cows have gone to pastures new and are now probably contributing to the making of these cheeses having joined the herd!

To join Please contact Secretary Enid Hunt – 01284 386565

- Pat Hipwell

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Bradfield Weather



'One swallow does not make a summer, but one skein of geese, cleaving the murk of a March thaw, is Spring' - Aldo Leopold

Last month I suggested that with the appearance of spring flowers, the worst of the winter might be over. How wrong I was. Since then the "Beast from the East" has brought us two helpings of snow, the first quite significant, together with very high winds and below zero temperatures. February, in fact, had no further rainfall, so the month finished with 43mm, marginally below our average.

March, to date, including snowmelt, has produced 52mm, against our average of 35.4mm. Spring, with the passing of the equinox, has now officially arrived, but no one appears to have told the weather gods as more snow and frost is forecast for the Easter weekend.

My thanks are due to Mike Morley for keeping the records during a week's absence in Southern Spain. Did nothing for the suntan as we had a week of stiff breezes and rain six days out of seven.

- Keith Payne

22nd March 2018



BRADFIELD ST CLARE

VILLAGE LITTER PICK

PLEASE COME AND HELP!!!

WHEN: **Saturday 7th April 2018**

WHERE: **Group A – meeting by the Village Hall
Group B – meeting in Church Lane**

Choose which group suits you best!

TIME: **Starting at 10am.**

Any time that you can volunteer would be helpful. We anticipate that the litter pick will have concluded by noon.

If you would like to volunteer a few hours of your time to support this event, please just turn up on the day.

You will find at least one of your Parish Councillors at each of the meeting places.

Pickers and bags will be provided.

Please bring suitable gloves.

For further information contact the Parish Clerk, Nicola Smith:

Email: bradfieldstclarepc@gmail.com

Tel: 07817 170906

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OTHER CHURCH SERVICES

Roman Catholic Church

St Edmund King & Martyr

Westgate Street, Bury St Edmunds - 01284 754358

Please contact Fr. Mark Hackson for details of Easter Mass

Gospel Hall

Easter Sunday 1st April – Easter service 3.00pm

The Gospel Hall, Bradfield St George

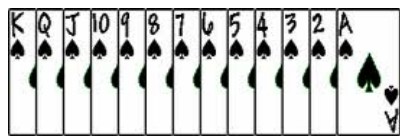
Every Sunday at 10.30am: Sunday Breaking of Bread.

Every Sunday at 2.30pm: Sunday School and Bible Class

Every Sunday at 6.30pm: Gospel Meeting – all welcome.

Every Wednesday at 6.45pm: Young People's Club

WHIST DRIVE



March

At our Whist Drive on 2nd March the ladies' prize was won by Emma and the Beast from the East won the prize for the men.

We were all awarded a wooden spoon!

***Next whist drive will be on Friday 6th April
New players very welcome.***

- Val Nunn



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Neighbourhood Watch

As you are all probably aware Bradfield St. Clare is a Neighbourhood Watch village. This scheme is a partnership intended to bring people together to make their communities safer. It involves the police, Community Safety departments of local authorities, other voluntary organisations and individuals and families who ostensibly want to make their neighbourhoods better places to live. It aims to help people protect themselves and their properties and to reduce the fear of crime by means of improved home security, greater vigilance, accurate reporting of suspicious incidents to the police and by fostering a community. I can be contacted on 01284386598 should you need any help or require and further information.

- Dianne Bullard - Volunteer Coordinator

FROM THE MARCH NEWSLETTER:



HMRC scam still doing the rounds

A member wrote in to advise that his wife received an email stating that £333 was due and that they were having problems refunding it. Although the email looked very genuine, the reader was alert to the request to provide bank details, as the transfer had to be done within a day or would be time barred.

Scams are created to trick you into handing over money or personal details.

As well as leaving people out of pocket – Trading Standards estimate that £5-10 billion is lost to scams each year in the UK – victims are often feeling a sense of shame and social isolation – but don't feel embarrassed – it can **happen to anyone**.

And we are sure you get the message – but you can still help by reporting scams.

You can report scams to:

The Citizens Advice consumer helpline Telephone 0345 04 05 06

The Citizens Advice website also has information about consumer scams to look out for.

Action Fraud, the UK national fraud office

online or Telephone 0300 123 2040

You can also join **SUFFOLK TRADING STANDARDS** and 'Take a Stand Against Scams' to help share information about different types of scams and how to support victims of scams in Suffolk



Apple and Parsnip Soup



This curious combination of parsnips, apples and mustard combines into a soup that is more than a sum of its parts.

I have also heard it described as: 'ideal for those of us who do not like parsnips'. Try it and be surprised!

Servings: 6-8

INGREDIENTS:

2 oz margarine

1 lb parsnips

1 ½ tbs mustard powder

1 lb cooking apples

2 pints water

1 ½ tbs soy sauce (optional)

1 tsp caraway seeds

DIRECTIONS:

1. Melt margarine
2. Stir mustard powder in. Add chopped parsnips. Stir and coat. Cover and leave to cook gently until softened.
3. Add chopped apples with water. Bring quickly to boil then reduce heat and simmer partially covered till the apples begin to break down (about 5-7 minutes).
4. Leave to cool for a minute or two then blend.
5. Add caraway seeds, soy sauce, and salt and pepper if desired.

This is one of my favourite "wintrytime" soups. My family used to enjoy this with a caraway-seeded wholemeal loaf (sadly not so easily available now). The amount of mustard may seem excessive, but the heat disappears with cooking (a milder French mustard works just as well). A good quality vegetable stock can be used instead of plain water, though is not essential in my opinion. Plus there are all sorts of healthy oils available to substitute for "marg" these days. As for those of you non-vegans: Don't forget to butter those parsnips!

NB This soup freezes really well - omit caraway seeds until reheating
- Stephen Clark



Some key dates for your diary

Wednesday 23rd May

Tuesday 19th June

OPEN GARDEN

Date: Wednesday 23rd May - 11am to 8pm

Place: Bishops Farm

Entry: £5 to include tea/coffee with cake/cookie (top ups - donation)
After 5pm – wine and nibbles for a donation!

PLANT STALL - PLANTS ARE NEEDED TO SELL!!!

Please join us for a relaxing ramble around the garden and raise a glass maybe!

Fundraising for St Clare Church

(If anyone could offer some plants they can be dropped off any time at Bishops Farm – Thank you)

VILLAGE TRIP

Date: Tuesday 19th June - 9.45am to 4.30pm (approx)

Visiting: St, George Distillery (The English Whisky Company) at Roudham Norfolk. Tour with lunch (1 or 2 courses pre-booked)

Then: Afternoon at Peter Beales Rose Garden, Attleborough, Norfolk

Transport: Together by way of a mini-bus departing the village at 9.45am returning at latest 4.30pm

(Please contact Lorraine or Mike 01284 386270 – answerphone at all times – to show interest and for further details and costs)

POSITIVE INTEREST HAS BEEN SHOWN - 3 SPACES LEFT!

Details and costs will be delivered to those who have enquired very soon!

- Look forward to hearing from you

- Lorraine & Mike



Whist Drive

Bradfield St Clare Village Hall

Friday 6th April

**Entry £2.00 including refreshments,
tea or coffee.**

If preferred, bring your own drinks.

Cash Prizes & Draw

Raffle Prizes Welcomed!

Come along and bring your friends

In aid of Village Hall funds



New campaign encourages smokers to 'Take it Outside'

A new campaign is raising awareness of the health and fire safety risks of smoking in the home.

'Take it Outside' highlights the health harms to family and friends of second hand smoke, and aims to reduce the devastating impact of house fires as a result of smoking. It is a joint campaign between **Suffolk County Council Public Health, Trading Standards and Fire & Rescue Service.**

The campaign sets out the key steps that people can take to avoid the multiple health harms associated with smoking in the home. Three film scenarios illustrate the increased risk of smoking illicit tobacco, and promote the role of OneLife Suffolk in supporting people to quit.

OneLife Suffolk provide support and advice to people to quit smoking. For more information call 01473 718193, email info@onelifesuffolk.co.uk or visit onelifesuffolk.co.uk

More information about the 'Take it Outside' campaign can be found at <https://www.healthysuffolk.org.uk/projects/take-it-outside>

The Library Van – 'Use it or Lose it' – Again!



Not Post Offices today but Suffolk Mobile Library Service. The Library Van visits our village every 4 weeks on a Wednesday and the dates and times are always in The Bradfield Grapevine. It stops outside the Village Hall. The continuation of the service to all villages, including ours, will be based on the cost of van replacement, running costs, staffing set against usage. If you care about:-

- Having a library service in the future
- Its value in addressing loneliness and social isolation
- Having a shared community space
- Having a great personal service and a wide variety of reading matter

PLEASE contact Suffolk County Council and have your say. At present there is no online survey but it does seem that this final village service will be dramatically altered or withdrawn.

FOR MORE INFORMATION contact **0345 6031842**

NEXT VISIT: 9.40 – 9.55 am 11th April 2018

To contact the mobile library van driver Steve ring him on: 07837 58137

Latest News from Pitchers Green Farm



I'd like to say that clearing and moving "stuff" at Pitchers Green Farm continues apace but it doesn't seem to work like that. I am currently milking two cows, Kirsty and Nichola who has recently calved. She had a bull calf called Curtis (I didn't see that name coming!) who was fine for a week then escaped and spent a freezing cold night standing in the alleyway outside the parlour. This resulted in a chill and despite being put under a heat lamp and stomach tube fed warm milk, he died three days later.

All the youngstock are still on silage, which will hopefully last until turnout but as I write this it is snowing again which may delay my plans. With the last lot of snow and hard frosts we had plenty of frozen tanks and pipes; maybe not enough animals drinking to keep the water moving.

Shed sorting takes up most of the rest of my days, always into three piles. One heap for scrap and rubbish, one heap for retaining "stuff" and the third for memories. You pick up an item - look at it and try to remember why you kept it and off you go! That trusted piece of wood used to hold the yard gate open when the cows went the wrong way never again used but might be handy; that "swish" off a cow's tail found on the fence in the night pasture, the broken parts of cow ear tags - the cows long gone - even the old wire mesh grill used to keep the calves in the back of Mum and Dad's Mini Clubman on their way to market in Bury St Edmunds. This ties in with the talk given by Edward Crighton the auctioneer from Lacy Scott and Knight. How things have changed and continue to change. The livestock market closed but his memories were still evident. Debbie often recounts taking Katie and Megan on a Wednesday to see all the animals when they were young and I am sure it was the same for hundreds of other children and their parents. It was a lovely meeting place for one and all. The teas or coffees, the chat, the meaty pies and the smell of the

greasepaint or something similar. All these memories, how did I ever find time to milk cows as well!

I'm now off to find out when I should change from "Father used to say..." to "As I always say...". No age related answers please!

- Glyn



Pat and Peter Hipwell would like to give a huge "Thank You" to all the many people who came forward with many small - and not so small acts of kindness during our invasion by 'The Beast from the East'.

It was very much appreciated!

Dates for your Diary



- Sunday 1st April - Easter Sunday
- Friday 6th April - Whist Drive - 7.30pm - Village Hall
- Saturday 7th April - 10am - Village Litter Pick
- Tuesday 17th April - Book Club - 7pm - Village Hall

Contributions to The Bradfield Grapevine

One of the great pleasures for the Editors of The Bradfield Grapevine is receiving contributions from villagers. Often these come in voluntarily - without any arm twisting!

Please keep them coming!

Recipes, poems, short stories and accounts of exciting things you have been engaged in are welcome and always much appreciated by fellow villagers.

Just let Peter Newlands or Margret Lovick know if you would like to contribute.

You can submit by email to: pjrmrn@aol.com